Montgomery County Food Assistance Resource Directory



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SNAP/WIC Locations

Montgomery County DHHS - CCI Main Office

15850 Crabbs Branch Way, Suite 350 Rockville, 20855

Montgomery County DHHS - Gaithersburg WIC Clinic

200 Girard St. Suite 212B Gaithersburg, 20877

Montgomery County DHHS - Germantown WIC Clinic

19540 Amaranth Dr. Germantown, 20874

Montgomery County DHHS - Neighborhood Service Center at Catholic Charities

McCarrick Center, 12447 Georgia Ave. Wheaton, 20902

Montgomery County DHHS - Neighborhood Service Center at Family Services Inc.

200 Girard St. Suite 203 Gaithersburg, 20877

Montgomery County DHHS - Rockville Office

1301 Piccard Dr. Rockville, 20850

Montgomery County DHHS - Silver Spring Center

8818 Georgia Ave. Silver Spring, 20910

Montgomery County DHHS - Takoma and Langley Park WIC Clinic

7676 New Hampshire Ave. Suite 220 Takoma Park, 20912

Montgomery County DHHS - TESS Center

8513 Piney Branch Rd. Silver Spring, 20901

Montgomery County DHHS - Upcounty Regional Services Center

12900 Middlebrook Rd. Germantown. 20874

Beltsville

20705

Lighthouse Ministries International, Inc.

301-477-1074 • www.LHMlinc.org • Juanita Cameron • boldpantry@lhmiinc.org
Choice Pantry, Pre-Packed Pantry items, Discount Grocery
Wed. 6-7pm and Sun. 1pm or after worship
Documentation Required, Walk-in Service
Fresh Produce and Other Services Offered

Bethesda

20814

Bethesda Cares, Inc.

Bethesda-Chevy Chase High School PTSA, Inc.

4301 East-West Highway
240-740-0400 • www.bccptsa.net • aniebler@gmail.com
Choice Pantry
Call for info.
Service to a Specific Population
Fresh Produce and Other Services Offered

Bethesda Presbyterian

301-986-1137 • https://www.bethesdapresbyterian.org/saturdaylunch/
Meal Service
Sat. 11am-12pm
Walk-in Service
Spanish speakers available

OLOL Sunday Night Meal 4 Poor/Homeless

301-654-1287 • <u>www.bethesdalourdes.org</u>
Prepared Meals

Sun. 5-6pm, Doors open at 4:30 Walk-in Service

The Church in Bethesda

5033 Wilson Ln.
301-654-4159 • https://www.churchinbethesda.org/
Meal Service
Mon-Fri. 12:45-1:45pm

Burtonsville

20866

Liberty Grove United Methodist Church

The Church of the Resurrection

3315 Greencastle Rd.
301-236-5202 • www.resurrectionadw.org • Kathy Ford • kford@resurrectionadw.org
Pre-Packed Pantry Items
Mon.-Fri. 11am-5pm, Sat. 10am-12pm
Documentation Required, Walk-in Service

Chevy Chase

20815

Bethesda-Chevy Chase Meals on Wheels, Inc.

8814 Kensington Parkway
301-654-4610 • edrastatter@yahoo.com
Prepared Meals
Mon.-Fri. 8:30-11am
Documentation Required, Fee for Service, Service to a Specific Population
Delivery and Special Diet Accommodations Offered

Clarksburg

20871

Clarksburg Community Assistance Network (C-CAN)

240-308-0867 • www.clarksburgcan.org • <u>ClarksburgCAN@gmail.com</u>
Choice Pantry

1st Tues. of the month 5:00-8:00 p.m.; 1st Sat.: 9:00 a.m.-12:00 Noon Documentation Required, Walk-in Service, Service to a Specific Population

Damascus

20872

Damascus Help, Inc.

301-253-4100 • www.damascushelp.org • dh20872@aol.com
Pre=Packed Pantry Items
Mon.-Sat. 9am-5pm
Delivery, Fresh Produce, and Other Services Offered
Spanish, French, and Russian speakers available

Gaithersburg

20877

Family Services Inc.

301-424-1130 • http://www.fs-inc.org/ • referrals@manna.org
Pre=Packed Pantry Items
Thurs. 5-7pm
Appointment Required, Documentation Required
Fresh Produce and Special Diet Accommodations Offered
Spanish speakers available

First African Methodist Episcopal Church of Gaithersburg

240-632-9760 • http://firstamegaithersburg.org/food-programs/ • D. Faye Conley • dfconley@aol.com
Choice Pantry, Pre-Packed Pantry Items, Discount Grocery
Sat. of SHARE distribution or as needed
Appointment Required, Documentation Required, Service to a Specific Population
Fresh Produce and Special Diet Accommodations Offered
SHARE Food Network Partner

Manna Food Center

9311 Gaither Rd.

301-424-1130 • www.mannafood.org • Yelba Mojica • referral@mannafood.org
Choice Pantry, Pre-Packed Pantry Items, Mobile Market
Days vary based on location. Please contact us.
Appointment Required, Documentation Required, Service to a Specific Population
Benefits Counseling, Special Diet Accommodations, Fresh Produce, and Other Services Offered
Spanish speakers available

St. Martin of Tours Catholic Church

301-990-7373 • www.stmartinsweb.com • Maria Tirado • social-concerns@stmartinsweb.com
Choice Pantry
6-11:30am Mon.
Walk-in Service
Spanish, French, and Portuguese speakers available

Gaithersburg HELP, Inc.

301 Muddy Branch Rd.
301-216-2510 • www.gaithersburghelp.org
Pre-Packed Pantry Items
Mon.-Fri. on scheduled basis
Appointment Required, Documentation Required, Service to a Specific Population
Delivery, Fresh Produce, and Other Services Offered
Spanish speakers available

Sheppard Pratt Health System - Family Services

35 N. Summit Ave.
240-740-4914 • www.fs-inc.org • madeleyne.castaneda@fs-inc.org
Pre-Packed Pantry Items
Fri. in the evening
Walk-in Service, Service to a Specific Population
Other Services Offered
Spanish speakers available

20879

Goshen United Methodist Church

Germantown

20874

Salvation Army

20021 Aircraft Dr.
301-424-1130 • referrals@manna.org

Pre-Packed Pantry Items
Thurs. 2-4pm

Appointment Required, Documentation Required
Special Diet Accommodations and Fresh Produce Offered
Spanish speakers available
Manna Food Center Partner

20875

Germantown HELP, Inc.

301-482-1320 x1 • www.gtownhelp.org • info.gtownhelp@gmail.com

Pre-Packed Pantry Items

Delivery ONLY Mon.-Sat., hours variable

Appointment Required, Service to a Specific Population

Delivery and Other Services Offered

Kensington

20895

Meals on Wheels of Wheaton

10101 Connecticut Ave.

301-942-1111 • www.mowwheaton.org

Meal Service

Meals delivered Mon.-Fri. 11:30am-1:00 pm Fee for Service, Service to a Specific Population Delivery Only

St. Paul's United Methodist Church-Hunger Ministry

301-933-7933 • www.stpaulsk.org • Kim Longsworth
Choice Pantry, Meal Service, Pre-Packed Pantry Items
1st Mon. of month after 1st Sun.
Documentation Required, Walk-in Service, Service to a Specific Population

Delivery and Fresh Produce Offered Spanish speakers available

Laurel

20723

Difference Makers Kokua Foods

9295 Maxwell Ct.

301-233-1698 • www.difference-makers.org • kokuafoods@gmail.com
Choice Pantry, Pre-Packed Pantry Items
Documentation Required, Service to a Specific Population
Fresh Produce and Other Services Offered
Spanish speakers available

Poolesville

20837

St. Peter's Episcopal Church

20100 Fisher Ave.

301-349-2073 • www.stpeterspoolesville.org/community/

Meal Service

Mon.-Fri. 11am-12pm

Walk-in Service, Service to a Specific Population

WUMCO Help, Inc.

17550 W. Willard Rd.

301-972-8481 ex. 3 • www.wumcohelp.org • Catherine Beliveau • wumco2@gmail.com

Pre-Packed Pantry Items

Tues. 9am-5pm, Thurs. 9am-8pm

Appointment Required, Service to a Specific Population

Delivery, Fresh Produce and Other Services Offered

Rockville

20850

Coordination Council of Chinese American Associations

50 West Gude Dr.

301-728-9815 • www.cccaa.org • info@cccaa.org

Pre-Packed Pantry Items, Discount Grocery

Seasonal and event based services

Appointment Required, Documentation Required, Service to a Specific Population

Delivery, Fresh Produce and Other Services Offered

Chinese speakers available

Montgomery College

9221 Corporate Blvd.

240-567-4389 • www.montgomerycollege.edu/fuelforsuccess • benita.rashaw@montgomerycollege.edu

Mobile Market

Varies based on schedule

Walk-in Service

Fresh Produce Offered

Capital Area Food Bank Partner

Nourish Now

1111 Taft St.

301-330-0222 • www.nourishnow.org • info@nourishnow.org

Pre-Packed Pantry Items, Prepared Meals

Mon.-Fri. 11am-4pm

Appointment Required

Special Diet Accommodations and Fresh Produce Offered

Spanish speakers available

Rockville Senior Center

1150 Carnation Dr.

240-314-8810 • www.rockvillemd.gov/seniorcenter • seniorcenter@rockvillemd.gov

Choice Pantry, Meal Service

8:30am-5pm pantry, 8:30am-10:45pm breakfast bar, 12pm lunch

Appointment Required, Service to a Specific Population

Other Services Offered

Spanish and Chinese speakers available

Interfaith Works Connections

751 Twinbrook Pkwy.

www.iworksmc.org • molaskowitz@iworksmc.org

Mon.-Fri. 9am-4pm

Walk-in Service

Benefits Counseling and Other Services Offered

Spanish speakers available

20852

Jewish Social Service Agency

6123 Montrose Rd.
301-816-2639 • www.jssa.org • Diane Hays-Earp • dhaysearp@jssa.org
Prepared Meals
Mon.-Fri. 9am-5pm
Service to a Specific Population
Delivery and Other Services Offered
Russian speakers available

September House MAJ

301-365-0021 • www.septemberhousemaj.org • septemberhousemaj@gmail.com
Need based

Appointment Required, Service to a Specific Population
Delivery, Fresh Produce, and Other Service Offered
Japanese speakers available

20855

Healing and Deliverance Ministry

15960 Derwood Rd.

www.healinganddeliveranceministry.com • healinganddeliveranceministry77@outlook.com

Pre-Packed Pantry Items, Mobile Market

2nd Sat. of every month

Delivery and Fresh Produce Offered

Spanish speakers available

Capital Area Food Bank Partner

Silver Spring

20901

Caribbean Help Center

10140 Sutherland Rd.

caribbeanhelpcenter.org • evans@caribbeanhelpcenter.org

Pre-Packed Pantry Items

Call for info.

Appointment Required

Other Services Offered

French speakers available

First Baptist Church of Silver Spring

http://fbcss.org/ministries.htm#Food • Jim Reed Pre-Packed Pantry Items

Sat. 10am-12pm

Documentation Required, Service to a Specific Population

Special Diet Accommodations Offered

Spanish speakers available

Luther Rice Memorial Baptist Church

801 University Boulevard West

301-593-1130 • Lutherricechurch.org • Rev. John W. Cheek, Jr. Pastor • Lutherrice@aol.com

Pre-Packed Pantry Items

Wed. 10am-12pm

Walk-in Service

Other Services Offered

Capital Area Food Bank Partner

Mount Jezreel Baptist Church Food Bank

420 University Blvd. East

301-384-3951 • www.mtjezreel.com • Bernice Mays • kindbea48@comcast.net

Pre-Packed Pantry Items

1st Sat. of the month 10am-2pm

Documentation Required, Walk-in Service

Fresh Produce and Other Services Offered

Capital Area Food Bank and SHARE Food Network Partner

Capital Kosher Pantry

301-842-7135
Choice Pantry
Call for more info.
Appointment Required, Service to a Specific Population
Other Services Offered

Catholic Charities/Montgomery County Family Center

12247 Georgia Ave.

301-942-1790 • www.catholiccharitiesdc.org/

Choice Pantry, Mobile Market

Wed. and Fri. 9am-4pm

Documentation Required, Walk-in Service, Service to a Specific Population Benefits Counseling, Fresh Produce, and Other Services Offered Spanish, French, and Haitian Creole speakers available Capital Area Food Bank Partner

New Creation Church

11005 Dayton St.

301-649-6000 • http://www.newcreationmd.org/ministries/food-distribution • Royce Bumphus •

office@newcreationmd.org

Pre-Packed Pantry Items

4th Tues. of the month 11am-3pm, free produce. 2nd Sat. of the month 10am-12pm, meat items and canned foods

Walk-in Service

Special Diet Accommodations, Fresh Produce, and Other Services Offered
Spanish speakers available
Capital Area Food Bank Partner

Silver Spring Christian Reformed Church

1501 Arcola Ave.

301-284-8401 • www.sscrc.org • Jennifer Renkema • foodpantry@sscrc.org

Choice Pantry

3rd Tues. of the month 4-8pm

Walk-in Service

Fresh Produce Offered

Spanish speakers available

Capital Area Food Bank Partner

CASA (CASA de Maryland)

734 University Blvd East
301-270-8432 • www.wearecasa.org
Pre-Packed Pantry Items
Sat. 10am-12pm
Walk-in Service
Other Services Offered
Spanish speakers available

Clifton Park Baptist Church

St. Camillus Food Pantry

1600 St. Camillus Dr.
301-434-8400 • www.stcamilluschurch.org • stcamillusfoodpantry@gmail.com
Pre-Packed Pantry Items
Fri. 3-5 pm and Sat. 10am-12am
Walk-in Service
Fresh Produce Offered
Spanish and French speakers available

20904

Allen Chapel AME Church Outreach

2518 Fairland Rd.
301-879-9232 • info@allenchapelame.org
Pre-Packed Pantry Items
Every 2nd & 4th Sat. 8-10am
Documentation Required, Walk-in Service, Service to a Specific Population

Benefits Counseling and Fresh Produce Offered
SHARE Food Network Partner

Colesville Presbyterian Church

301-424-1130 • https://www.colesvillepresbyterian.com/ • referrals@manna.org
Choice Pantry

4th Fri. of the month, 3-7pm
Appointment Required, Documentation Required
Special Diet Accommodations and Fresh Produce Offered
Spanish speakers available
Manna Food Center Partner

East County Reg. Services Ctr.

301-424-1130 • www.manna.org • referrals@manna.org
Pre-Packed Pantry Items
Fri. 2-4pm

Appointment Required, Documentation Required
Special Diet Accommodations and Fresh Produce Offered
Spanish speakers available
Manna Food Center Partner

Meals on Wheels of Colesville

13100 Andrew Dr.

301 384-7440 • www.colesville-meals-on-wheels.org
Meal Service, Pre-Packed Pantry Items, Prepared Meals
Appointment Required, Fee for Service, Service to a Specific Population
Delivery and Special Diet Accommodations Offered

Nations United Baptist Church

301-674-1318 • www.facebook.com/FoodPantryNationsUnited/ • samrozolem@gmail.com
Choice Pantry
3rd Thurs. of the month 5-8pm

Documentation Required, Walk-in Service
Fresh Produce Offered
Spanish and Portuguese speakers available
Capital Area Food Bank Partner

Rainbow Community Development Center

2120-A Industrial Parkway

Pre-Packed Pantry Items

Tues. and Thurs. 2-6pm

Appointment Required, Documentation Required
Special Diet Accommodations, Fresh Produce, and Other Services Offered
Spanish, French, and Haitian Creole speakers available
Capital Area Food Bank Partner

Good Hope Union United Methodist Church

301-879-8100 • http://www.goodhopeunion.org/ • Pastor Cindy • secretaryghu@goodhopeunion.org
1st Mon. each month 6-8pm, Free Community Breakfast 1st Sat. of each month 7:30-10am

Meal Service

Walk-in Service

Spanish Speakers Available

Lutheran Church of St. Andrew

301-384-4394 • www.mystandrew.org
Pre-Packed Pantry Items
Mon.-Fri. 9am-5pm
Walk-in Service

Delivery, Special Diet Accommodations, Fresh Produce, and Other Services Offered Spanish speakers available

20906

Glenmont United Methodist Church

The Senior Connection

3950 Ferrara Dr.

301-962-0820 • www.seniorconnectionmc.org • Tim Shaw • $\frac{info@seniorconnectionmc.org}{Choice\ Pantry}$

Office hours are Mon.-Fri., 9am-4pm Appointment Required, Service to a Specific Population

20910

Adventist Community Services of Greater Washington

501 Sligo Ave.

301-585-6556 • www.acsgw.org

Pre-Packed Pantry Items

Mon.-Thurs. 10am-3pm

Appointment Required, Documentation Required
Special Diet Accommodation, Fresh Produce, and Other Services Offered

French and Spanish speakers available Capital Area Food Bank Partner

FRESHFARM Downtown Silver Spring Market

890 Ellsworth Dr.

http://freshfarm.org/downtown-silver-spring.html • hello@freshfarm.org

Discount Grocery

Sat. 9am-1pm

Walk-in Service

Benefits Counseling, Fresh Produce, and Other Services Offered Spanish speakers available

God Glorified Church of God in Christ

111 Geneva Ave.

301-588-6607 • www.ggcogic.org • ggcogicc@gmail.com

Choice Pantry

Second Thurs. of the month (April-Dec.)

Appointment Required, Documentation Required

Benefits Counseling Offered

Saint Luke Lutheran Church

9100 Colesville Rd.

301-588-4363 • http://saintluke.us

Choice Pantry, Pre-Packed Pantry Items

Tues. and Thurs. 12-3pm

Appointment Required

Other Services Offered

Spanish speakers available

Shepherd's Table

8106 Georgia Ave.

301-585-6463 • www.shepherdstable.org • Haile Gebregziabher • haileg@shepherdstable.org Meal Service

Mon.-Fri. 7:30-8:25am, 12-12:55pm, 6-7:25pm Sat. & Sun. 10:30 - 11:25 Brunch, 6-7:25pm

Walk-in Service

Other Services Offered

Spanish speakers available

Takoma Park

20912

Crossroads Community Food Network

info@crossroadscommunityfoodnetwork.org

Discount Grocery

Wed. Farmers Market, June-November, 11am-3pm

Walk-in Service

Benefits Counseling, Fresh Produce, and Other Services Offered Spanish speakers available

EduCare Support Services, Inc.

240-450-2092 • www.educaresupportservices.org • Dunrick Sogie-Thomas • <u>educare_ss@aol.com</u>
Choice Pantry, Pre-Packed Pantry Items

Mon., Wed. and Fri.10am-2pm-every 1st Sat. 10am-2pm Deliveries every 3rd Sat.

Appointment Required, Documentation Required, Walk-in Service

Delivery, Benefits Counseling, Fresh Produce, and Other Services Offered

Spanish and French speakers available

Capital Area Food Bank Partner

Meals on Wheels of Takoma Park/Silver Spring

7410 New Hampshire Ave.

301-434-1922 • www.mowtakoma.org • mowtakoma@gmail.com

Meal Service, Prepared Meals

Mon. - Fri. 9am-1pm

Appointment Required, Fee for Service, Service to a Specific Population Delivery, Benefits Counseling, Special Diet Accommodations, and Fresh Produce Offered Spanish speakers available

Washington, DC

20011

Food & Friends

219 Riggs Road NE
202-269-2277 • www.foodandfriends.org • info@foodandfriends.org
Prepared Meals
Mon.-Sat.10am-3pm
Documentation Required, Service to a Specific Population
Delivery, Fresh Produce, and Special Diet Accommodations Offered
Spanish speakers available

20017

Capital Area Food Bank

4900 Puerto Rico Ave. NE
202-644-9800 • www.capitalareafoodbank.org
Choice Pantry, Meal Service, Mobile Market
Varies
Walk-in Service
Special Diet Accommodations, Fresh Produce, and Other Services Offered
Spanish, Chinese, French, and Vietnamese speakers available

Wheaton

20902

Mid-County United Ministries

301-929-8675 • mumhelp.org • Larry White • office@mumhelp.org
Choice Pantry, Mobile Market
Tues., Wed., Thurs. 9am-4pm, Sat. 9-11:30am, Sun. 2-4pm
Walk-in Service, Service to a Specific Population
Special Diet Accommodations, Fresh Produce, and Other Services Offered
Spanish speakers available
Capital Area Food Bank Partner

Call for More Information

Bethesda Help, Inc.

301-365-2022 • www.bethesdahelp.org • info@bethesdahelp.org
Pre-Packed Pantry Items
Mon.-Fri. 9am-4pm
Appointment Required
Delivery and Other Services Offered
Capital Area Food Bank Partner

Celestial Manna

240-350-1456 • www.celestialmanna.org • celestialmanna@gmail.com
Pre-Packed Pantry Items
Sat. & Sun. by appt.

Appointment Required, Walk-in Service
Special Diet Accommodations, Fresh Produce, and Other Services Offered Spanish, French, Russian, German, and Portuguese speakers available
American Sign Language translation available

Community Health and Empowerment through Education and Research

301-589-3633 • www.communitycheer.org/ • bruce@communitycheer.org
Pre-Packed Pantry Items
Call for info.

Appointment Required, Documentation Required, Service to a Specific Population Delivery, Special Diet Accommodations, Fresh Produce, and Other Services Offered Amharic and Spanish speakers available

Meals on Wheels of Germantown

Montgomery County Senior Nutrition Program

240-777-3810
Prepared Meals
Lunch hour at selected sites
Appointment Required, Fee for Service, Service to a Specific Population
Other Services Offered
Spanish, Chinese, Korean, and Vietnamese speakers available

Olney Help, Inc.

301-774-4334 • www.olneyhelp.org • help@olneyhelp.org
Pre-Packed Pantry Items
Mon.-Fri., 9am-5pm
Appointment Required, Service to a Specific Population

Appointment Required, Service to a Specific Population
Delivery, Special Diet Accommodations, Fresh Produce, and Other Services Offered
Spanish speakers available
Capital Area Food Bank Partner

Rockville Help (formerly known as FISH--Friendly Sympathetic Help)

301-564-0800

Pre-Packed Pantry Items

Every day, call for appt. Delivery arranged for time convenient for both volunteer and client.

Appointment Required, Service to a Specific Population

Delivery and Other Services Offered

Spanish speakers available

Washington Spanish Church

12604 New Hampshire Ave. Silver Spring
301-622-3535 • www.waspsda.org
Choice Pantry, Pre-Packed Pantry Items
2nd and 4th Fri. of the month
Walk-in Service
Fresh Produce Offered
Spanish speakers available