Survey for Recipients (English)

1. Where were you born? ______________________________________

2. Do you identify with a country or culture outside of the United States?
   Yes          No
   • If yes [name a country or culture]:
     • ______________________
     • ______________________

3. Please list specific foods within each category that are normally included in your diet (If you do not normally consume foods within a category, you may leave it blank):
   • Red Meat (example: beef)
     1. ______________________
     2. ______________________
   • White Meat (example: chicken)
     1. ______________________
     2. ______________________
   • Fish (example: trout)
     1. ______________________
     2. ______________________
   • Vegetables (example: collard greens)
     1. ______________________
     2. ______________________
   • Fruits (example: pineapple)
     1. ______________________
     2. ______________________
   • Grains (example: white rice)
     1. ______________________
     2. ______________________
   • Legumes/Beans (example: lentils)
     1. ______________________
2. ______________________
   - Oils (example: olive oil)
     1. ______________________
     2. ______________________
   - Herbs/Spices (example: cilantro)
     1. ______________________
     2. ______________________
   - Others
     1. ______________________
     2. ______________________

4. How often do you eat traditional foods that come from this culture or country outside of the US? (1-2 times a week, 3-4 times a week, every day)

5. Where do you normally go to purchase or receive groceries?

6. How long does it take you to travel where you normally purchase/receive food? (Less than 30 minutes, Approximately 1 hour, Approximately 2 hours, More than 2 hours)

7. Do you travel to another location for cultural/traditional foods?
   - Yes
   - No
   - If yes:
     i. What is the name of this location?
     ii. How long does it take you to get there?
8. Are there any traditional/cultural foods that you want that are difficult for you to get?

Yes

No

If yes: Please list specific foods within each category that are difficult for you to get
(If you do not have difficulty finding foods within a category, you may leave it blank):

1. Red Meat (example: beef)
   - ______________________

2. White Meat (example: chicken)
   - ______________________

3. Seafood (example: trout)
   - ______________________

4. Vegetables (example: collard greens)
   - ______________________

5. Fruits (example: pineapple)
   - ______________________

6. Grains (example: white rice)
   - ______________________

7. Legumes/Beans (example: lentils)
   - ______________________

8. Oils (example: olive oil)
   - ______________________

9. Herbs/Spices (example: cilantro)
   - ______________________

10. Others
    - ______________________
9. Which food assistance programs have you or your family used in the past year (check all that apply)?

- None
- Food Pantry
- WIC
- SNAP/Food Stamps
- Free and reduced price meal programs (FARMS) (National School Lunch Program, Maryland Meals for Achievement Program, MCPS Summer Food Service Program, etc.)
- Child and Adult Care Food Program (CACFP)
- Farmers’ Market Nutrition Program (FMNP)
- The Emergency Food Assistance Program (TEFAP)
- Senior Brown Bag Program
- Senior Nutrition Program (Congregate Meals, Meals on Wheels, etc.)
- Other: __________________________
- I don’t know

10. Is there any other information you'd like to share?