

Survey for Recipients (English)

1. Where were you born? \_\_\_\_\_

2. Do you identify with a country or culture outside of the United States?

Yes

No

○ *If yes [name a country or culture]:*

▪ \_\_\_\_\_

▪ \_\_\_\_\_

3. Please list specific foods within each category that are normally included in your diet (*If you do not normally consume foods within a category, you may leave it blank*):

○ Red Meat (example: beef)

1. \_\_\_\_\_

2. \_\_\_\_\_

○ White Meat (example: chicken)

1. \_\_\_\_\_

2. \_\_\_\_\_

○ Fish (example: trout)

1. \_\_\_\_\_

2. \_\_\_\_\_

○ Vegetables (example: collard greens)

1. \_\_\_\_\_

2. \_\_\_\_\_

○ Fruits (example: pineapple)

1. \_\_\_\_\_

2. \_\_\_\_\_

○ Grains (example: white rice)

1. \_\_\_\_\_

2. \_\_\_\_\_

○ Legumes/Beans (example: lentils)

1. \_\_\_\_\_

2. \_\_\_\_\_

- Oils (example: olive oil)

1. \_\_\_\_\_

2. \_\_\_\_\_

- Herbs/Spices (example: cilantro)

1. \_\_\_\_\_

2. \_\_\_\_\_

- Others

1. \_\_\_\_\_

2. \_\_\_\_\_

4. How often do you eat traditional foods that come from this culture or country outside of the US? (1-2 times a week, 3-4 times a week, every day) \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

5. Where do you normally go to purchase or receive groceries? \_\_\_\_\_

\_\_\_\_\_

1. Does one or more of these locations meet your cultural/traditional food preferences? (None, At least one, More than one, All)

\_\_\_\_\_

6. How long does it take you to travel where you normally purchase/receive food? (Less than 30 minutes, Approximately 1 hour, Approximately 2 hours, More than 2 hours)

\_\_\_\_\_  
\_\_\_\_\_

7. Do you travel to another location for cultural/traditional foods?

Yes

No

- *If yes:*

i. What is the name of this location? \_\_\_\_\_

ii. How long does it take you to get there? \_\_\_\_\_

8. Are there any traditional/cultural foods that you want that are difficult for you to get?

Yes

No

- If yes: Please list specific foods within each category that are difficult for you to get  
(If you do not have difficulty finding foods within a category, you may leave it blank):

1. Red Meat (example: beef)

▪ \_\_\_\_\_

2. White Meat (example: chicken)

▪ \_\_\_\_\_

3. Seafood (example: trout)

▪ \_\_\_\_\_

4. Vegetables (example: collard greens)

▪ \_\_\_\_\_

5. Fruits (example: pineapple)

▪ \_\_\_\_\_

6. Grains (example: white rice)

▪ \_\_\_\_\_

7. Legumes/Beans (example: lentils)

▪ \_\_\_\_\_

8. Oils (example: olive oil)

▪ \_\_\_\_\_

9. Herbs/Spices (example: cilantro)

▪ \_\_\_\_\_

10. Others

▪ \_\_\_\_\_

9. Which food assistance programs have you or your family used in the past year (*check all that apply*)?

- None
- Food Pantry
- WIC
- SNAP/Food Stamps
- Free and reduced price meal programs (FARMS) (National School Lunch Program, Maryland Meals for Achievement Program, MCPS Summer Food Service Program, etc.)
- Child and Adult Care Food Program (CACFP)
- Farmers' Market Nutrition Program (FMNP)
- The Emergency Food Assistance Program (TEFAP)
- Senior Brown Bag Program
- Senior Nutrition Program (Congregate Meals, Meals on Wheels, etc.)
- Other: \_\_\_\_\_
- I don't know

10. Is there any other information you'd like to share?