

FOOD ASSISTANCE IN MONTGOMERY COUNTY DURING COVID-19

If you can afford to purchase food for yourself and your family, please see these links which list grocery delivery, curbside pickup and meal delivery/takeout options

Delivery: [Peapod](#), [Wegmans](#), [Dawson's Market \(Rockville\)](#), [Roots Market](#), [Market at River Falls](#), [Whole Foods Market through Amazon](#)

Curbside Pickup: [Dawson's Market](#), [Takoma Park-Silver Spring Co-op](#), [Market at River Falls](#), [Giant](#), [Founding Farmers Market](#)

Farmers Markets: farmers markets are considered "essential" and can remain open

**Note some grocery stores have special hours for at-risk individuals or seniors*

If you cannot afford to purchase food, please refer to the below resources.

1. For food assistance organizations, visit the [Food Assistance Resource Directory Map](#), or call 311 for help navigating the map
2. For discounted groceries, call the [SHARE network](#) at (301)-864-3115
3. Do you receive SNAP (food stamps) benefits?
 - a. Check eligibility and apply online on [myDHR](#)
 - b. Call [Maryland Hunger Solutions](#) for SNAP application assistance over the phone at 1-866-821-5552
 - c. DHHS service centers are closed, but request a phone appointment by calling 240-777-1003
 - d. Many [rules](#) have recently been changed to increase eligibility for SNAP, including removing limits for able-bodied adults ([ABAWD](#))

Additional resources:

County COVID-19 Hotline Number:
240-777-1755

24/7 Mental Health Crisis Line: 240-777-4000

[Gilchrist Center](#): Healthcare,
Housing/Rent Assistance, Immigration
Support

[DHHS Assistance](#): Financial Assistance,
Child Care, Energy



Please visit www.mocofoodcouncil.org to download this page and click on the links.

Are you 60+?

[Manna Food Center](#) offers "Stay Put Packs" of non-perishable food for older adults and those with health conditions.

Aging in Place [Village](#) organizations offer grocery assistance and other volunteer support.

[Aging and Disability Services](#), 240-777-3000, can talk with callers about other options that exist in the community specific to older adults and individuals with disabilities.

[Meals on Wheels](#) is continuing to provide home deliveries to seniors throughout the County.

Are you pregnant or is there a child under 5 in the house?

All [WIC](#) offices are currently closed, but application and program assistance services are available via phone by calling 301-762-9426

Are there children under 18 in the house?

[Montgomery County Public Schools](#) are offering 2 meals daily for each child under 18 at 70+ community sites and nonprofit partners are distributing weekend bags each week.

[No Kid Hungry](#) has a texting hotline (FOOD or COMIDA to 877-877) to provide distribution sites in communities where schools have closed.

Would you like to increase benefits at Farmers Markets?

Several [Farmers Markets](#) in Montgomery County accept SNAP or WIC and also match SNAP/WIC dollars spent up to a certain amount.

Are you homebound/ have a disability?

[Meals on Wheels](#) is continuing to provide home deliveries.

Place	Website	Phone Number
Peapod	Peapod.com	1-888-469-4426
Wegmans	instacart.wegmans.com	
Dawson's Market	dawsonsmarket.com	240-428-1386
Root's Market	rootsmkt.com	Clarksville: 443-535-9321 Olney: 301-774-1344
Market at River Falls	marketriverfalls.com	301-765-8001
Whole Foods through Amazon	amazon.com/wholefoods	
Takoma Park Silver Spring Co-op	tpss.coop	301-891-2667
Giant	giantfood.com	1-888-469-4426
Founding Farmers Market	foundingfarmersmarket.com	
Farmers Markets	marylandfma.org/food/where-to-buy-local-while-social-distancing-on-farm-pickups-and-more	
Special Grocery Store Hours	www.mymcmedia.org/several-grocery-stores-offering-senior-only-shopping	
Food Assistance Resource Directory Map	mocofoodcouncil.org/food-assistance-resource-map	311
Share Network	catholiccharitiesdc.org/share	301-864-3115
myDHR online	mydhrbenefits.dhr.state.md.us/dashboardClient/#/home	
Maryland Hunger Solutions	mdhungersolutions.org/	1-866-821-5552
SNAP Rules and Regulations	fns.usda.gov/disaster/pandemic/covid-19	
Senior Nutrition Program	montgomerycountymd.gov/rec/activitiesandprograms/seniors/nutrition.html	
Senior Congregation Meal Sites		240-777-3810
Village Programs	montgomerycountymd.gov/HHS-Program/ADS/Villages/villageslist.html	240-777-1231
Meals on Wheels	mocofoodcouncil.org/food-assistance-resource-map then search "meals on wheels"	240-777-3810
Manna Food Center	mannafood.org	301-424-1130
WIC Offices	https://www3.montgomerycountymd.gov/311/Solutions.aspx?SolutionId=1-6BC45Q	301-762-9426
Montgomery County Public Schools Meals	montgomeryschoolsmd.org/coronavirus/meals/	Engilsh: 240-740-3000 Español: 240-740-2845
Maryland Farmers Market Directory	mda.maryland.gov/maryland_products/Documents/2020-Maryland-Farmers-Market-Directory.pdf	
Crossroads Farmers Market	https://www.crossroadscommunityfoodnetwork.org/farmers-market/	
Gilchrist Center	montgomerycountymd.gov/gilchrist	240-777-4940
DHHS	montgomerycountymd.gov/HHS/ProgramIndex/FinHousingServicesIndex.html	301-251-4850