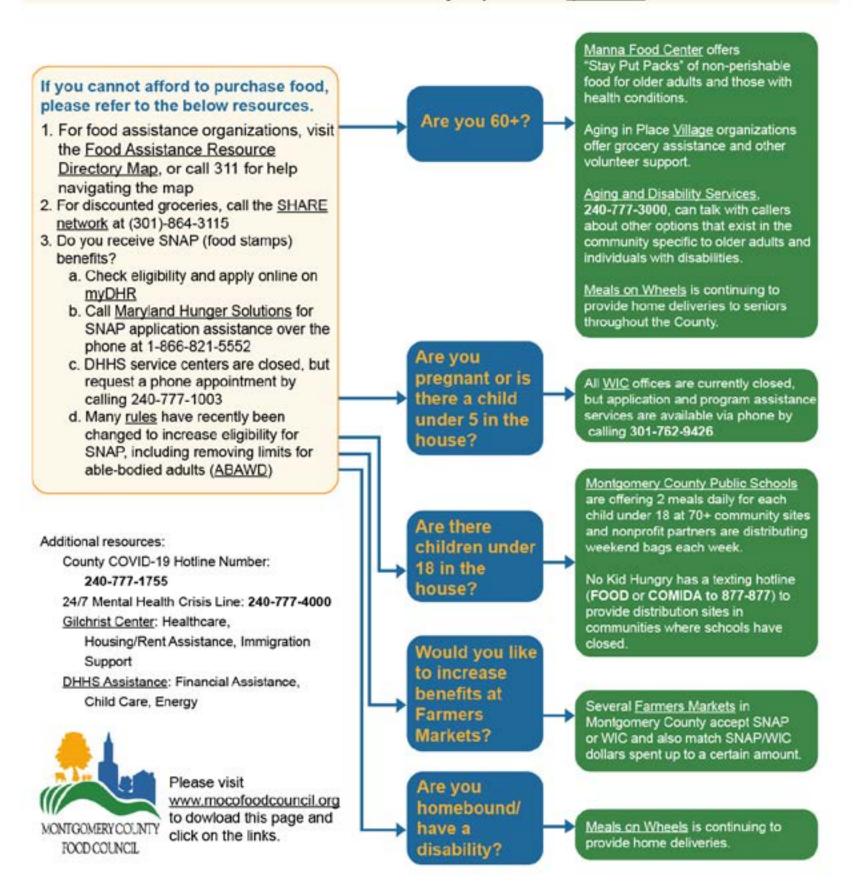
FOOD ASSISTANCE IN MONTGOMERY COUNTY DURING COVID-19

If you can afford to purchase food for yourself and your family, please see these links which list grocery delivery, curbside pickup and meal delivery/takeout options

Delivery: Peapod, Wegmans,
Dawson's Market (Rockville),
Roots Market, Market at River Falls,
Whole Foods Market through Amazon

Curbside Pickup: <u>Dawson's Market</u>, <u>Takoma Park-Silver Spring Co-op</u>, <u>Market at River Falls</u>, <u>Giant</u>, <u>Founding Farmers Market</u> Farmers Markets: farmers markets are considered "essential" and can remain open

*Note some grocery stores have special hours for at-risk individuals or seniors



Place	Website	Phone Number
Peapod	Peapod.com	1-888-469-4426
Wegmans	instacart.wegmans.com	
Dawson's Market	dawsonsmarket.com	240-428-1386
Root's Market	rootsmkt.com	Clarksville: 443-535-9321 Olney: 301-774-1344
Market at River Falls	marketriverfalls.com	301-765-8001
Whole Foods through Amazon	amazon.com/wholefoods	
Takoma Park Silver Spring Co-op	tpss.coop	301-891-2667
Giant	giantfood.com	1-888-469-4426
Founding Farmers Market	foundingfarmersmarket.com	
Farmers Markets	marylandfma.org/food/where-to-buy-local-while- social-distancing-on-farm-pickups-and-more	
Special Grocery Store Hours	www.mymcmedia.org/several-grocery-stores-offering- senior-only-shopping	
Food Assistance Resource Directory Map	mocofoodcouncil.org/food-assistance-resource-map	311
Share Network	catholiccharitiesdc.org/share	301-864-3115
myDHR online	mydhrbenefits.dhr.state.md.us/dashboardClient/#/ home	
Maryland Hunger Solutions	mdhungersolutions.org/	1-866-821-5552
SNAP Rules and Regulations	fns.usda.gov/disaster/pandemic/covid-19	
Senior Nutrition Program	montgomerycountymd.gov/rec/activitiesandprograms/ seniors/nutrition.html	
Senior Congregation Meal Sites		240-777-3810
Village Programs	montgomerycountymd.gov/HHS-Program/ADS/ Villages/villageslist.html	240-777-1231
Meals on Wheels	mocofoodcouncil.org/food-assistance-resource-map then search "meals on wheels"	240-777-3810
Manna Food Center	mannafood.org	301-424-1130
WIC Offices	https://www3.montgomerycountymd.gov/311/ Solutions.aspx?SolutionId=1-6BC45Q	301-762-9426
Montgomery County Public Schools Meals	montgomeryschoolsmd.org/coronavirus/meals/	Engilsh: 240-740-3000 Español: 240-740-2845
Maryland Farmers Market Directory	mda.maryland.gov/maryland_products/ Documents/2020-Maryland-Farmers-Market- Directory.pdf	
Crossroads Farmers Market	https://www.crossroadscommunityfoodnetwork.org/ farmers-market/	
Gilchrist Center	montgomerycountymd.gov/gilchrist	240-777-4940
DHHS	montgomerycountymd.gov/HHS/ProgramIndex/ FinHousingServicesIndex.html	301-251-4850